

# Let Us Bow Down Before God!

## *Jesus – This is My Body*

UNIT

2

Lesson  
Five



### Prayer Starter

In the name of the Father, the Son, and the Holy Spirit...

Dear Lord, we know your love through Jesus Christ. Help us to listen attentively to all you have to tell us through the reading of the Holy Gospels in church. And give us the power and will to take your word out into the world in all we say and do. Amen.

### Hye-Q

Use your Bible to answer the following questions on the four Gospels.

1. Which Gospel is the shortest? \_\_\_\_\_
2. Which Gospel starts with the words “In the beginning was the Word...”? \_\_\_\_\_
3. The shortest verse in the Bible is in the Gospel of John 11: 35. Write it here: \_\_\_\_\_
4. Which Gospel starts with a list of the ancestors of Jesus? \_\_\_\_\_
5. What story is told in Luke 22: 7-20 and Matthew 26:17-30 and Mark 14: 12-26? \_\_\_\_\_
6. Look at Luke 15: 11-32. This is the only Gospel that tells this story. What story is it? \_\_\_\_\_





# Daily Bread

The last time Jesus was together with all of his disciples has come to be called the “Last Supper.” It took place at the Feast of Passover. Jesus sat with his 12 disciples and had dinner. As part of the dinner, Jesus did something very different. He blessed the bread and gave some to each of the disciples and said, “Take this and eat it. It is my body.” He blessed the wine and offered them the cup, saying to them, “Take this and drink it. It is my blood.”



When he did this, he was using the symbols of the bread and wine to say that when they believe in him and his teachings, he becomes a part of them. He is like food and drink that will nourish them. They are filled and healthy spiritually by having faith in his love and teachings, just as people are filled and healthy physically by eating and drinking.

In a way, every Sunday is a Last Supper. Just as the disciples, we too, are invited to Jesus’ table to share in the bread and wine which is Jesus himself. We have a chance every week to start new and be part of the new “covenant” Jesus established that night.

## SCRIPTURE SOURCE

And he took bread and gave thanks and broke it, and gave it to them saying, “This is my body given for you; do this in remembrance of me. In the same way, after the supper, he took the cup, saying: This is the new covenant in my blood, which is poured out for you..” *Luke 22: 17-20*



Notice the underlined sentences. Write each one on the first line. On the second line, write what this means to you.

1. \_\_\_\_\_

2. This means \_\_\_\_\_

1. \_\_\_\_\_

2. This means \_\_\_\_\_







## IN THE ARMENIAN TRADITION

In a way, an Armenian priest recreates the Last Supper of two thousand years ago every Sunday!

He blesses the bread and wine, asks for the Holy Spirit to change it into the very body and blood of Jesus and then turns to all of us in the pews, lifting the chalice and wafer high above him. It has now become Jesus himself.

Confession then becomes a time to clean our hearts, preparing it for Jesus. We go up to the altar, receive Communion, and now have new spiritual strength to face a new week.

## BIBLE BYTES

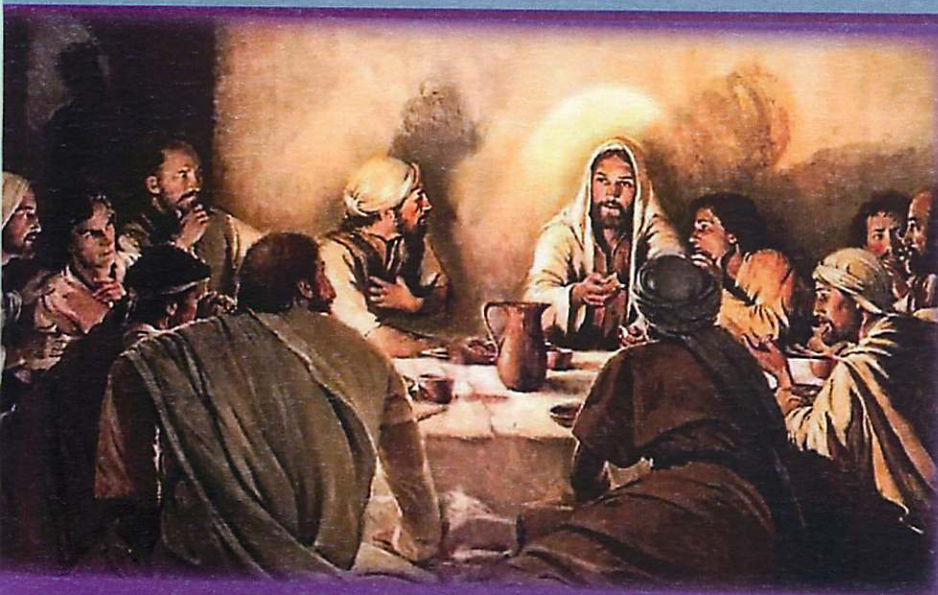
**Covenant** *The word "covenant" is used often in the Bible. It means a promise or an agreement. Jesus uses this word at the Last Supper when he says that the bread and wine are signs of this new covenant.*

## CELEBRATE WITH GOD

Receiving Holy Communion







Did you know...!?

Jesus and his disciples had their special dinner during the Jewish feast of Passover. (Since it was their last time all together, it is known to Christians as "the Last Supper.") Passover is a celebration of the story of

Exodus from the Old Testament, when Moses led the Jews out of slavery. The Jewish community still celebrates Passover today with a special meal called a "seder."

## Well Versed

"This is my body given for you; do this in remembrance of me."

*Luke 22: 19*

## Family Focus

This week, we took a close look at the Last Supper when Jesus instituted the central act of our Liturgy – the Eucharist (Holy Communion). Students learned the meaning of the bread and wine and how we re-experience the Last Supper every Sunday at Badarak. If you joined us today when we received Holy Communion as a class, you know what a joy it was to be together for this spiritually nourishing sacrament.

## Living Your Faith

1. Take time this week to look up famous paintings of the Last Supper with your family. You can do this on your computer or at the library. The most famous one is by Leonardo Da Vinci.
2. Draw a picture of the cup that might have held the wine at the last supper. What would it have been made out of?