

# Unit Three\* Following Jesus

## Lent



### We Speak to God

Heavenly Father, help us to say no to temptation.  
Help us be brave when we are afraid, strong when  
we feel weak and kind when we feel like being mean.  
+Hanoon Hor yev Vortvo yev Hokvooyn Srpo. Amen.



### Let's Talk

Lent is a special time in the church. It is a period of forty days when we remember Jesus and all that he did for us. We thank him for teaching us to be forgiving. We thank him for teaching us to love one another and to help those in need. After Lent is over, we remember how Jesus was crucified, and we celebrate his resurrection.

# Listen to This



To be tempted means that you might think about doing something that will disappoint the people who love you, including Jesus.

Here are two short stories. Decide which child said no to temptation.

Tony found \$5.00 on the school playground. He bent over and picked it up. He couldn't believe it! As he was about to put it in his pocket, he thought, "Someone is probably looking for this." So he took it inside to the school office.

At lunch, Nancy said to her friend, Maria, "I have some change left over from lunch. Let's stop at the candy store on the way home."

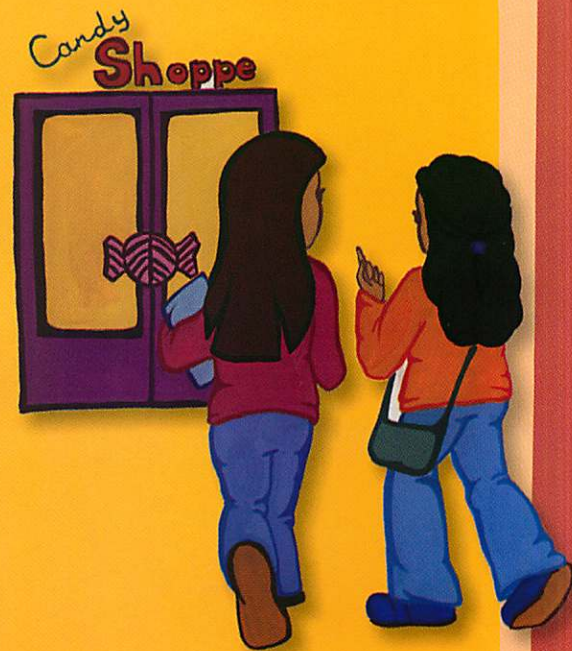
Nancy remembered that her parents always told her to bring home the change left over from lunch. In spite of that, she said to Maria, "I'll meet you by the front door after school."

*Nancy will disappoint her parents.*

*What could she have said to Maria when they met after school?*

*What could her friend have said to her?*

*How do you think she will feel when she gets home?*



## God Speaks to Us

After his baptism, Jesus spent forty days and forty nights alone on a mountain. Jesus was tired and hungry so the Devil decided to tempt him.

*"If you are God's Son, tell these stones to turn into bread."*

Jesus answered, "We cannot live only on food. We also have to live by God's words."

Next, the Devil took Jesus to the Holy City of Jerusalem and had him stand on the highest part of the Temple.

*“If you are God’s Son, jump off. God will send his angels to catch you. You won’t get hurt.”*

Jesus answered, “The Bible says, ‘Do not test God.’”

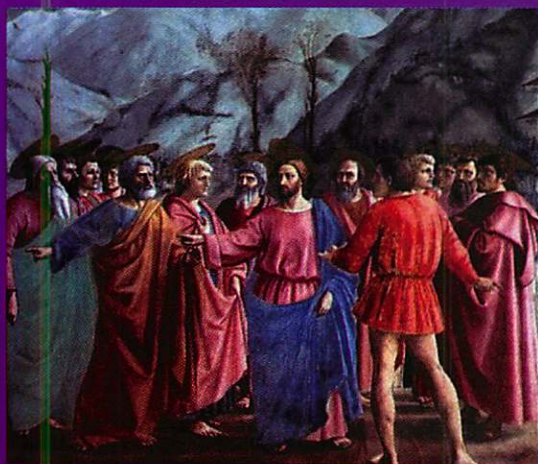
Finally the Devil took Jesus up on a very high mountain and showed him all the kingdoms on earth.

*“I will give all this to you if you will bow down and worship me.”*

Jesus answered, “Go away Satan! The Bible says ‘Worship your God and serve only him.’”

The Devil left, and the angels came to take care of Jesus.

*Matthew 4:1-11*



## We Learn About God

Jesus’ disciples asked him to teach them how to pray. He began...

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done on earth, as it is in heaven.  
Give us this day our daily bread; and forgive

us our trespasses as we forgive those who trespass against us;  
**and lead us not into temptation,**  
but deliver us from evil.

Remember the words of the Lord’s Prayer when you are being tempted.

# Our Armenian Way

Yev mee daneer uzmez ee portzootyoon,  
And lead us not into temptation

**Portzootyoon** is the Armenian word for temptation.



## Hearts and Hands

Children of God, children of God,

We are children of God.

We love God and others, too.

We are children of God.

We will help those in need.

We are children of God.

We will be kind to those we meet.

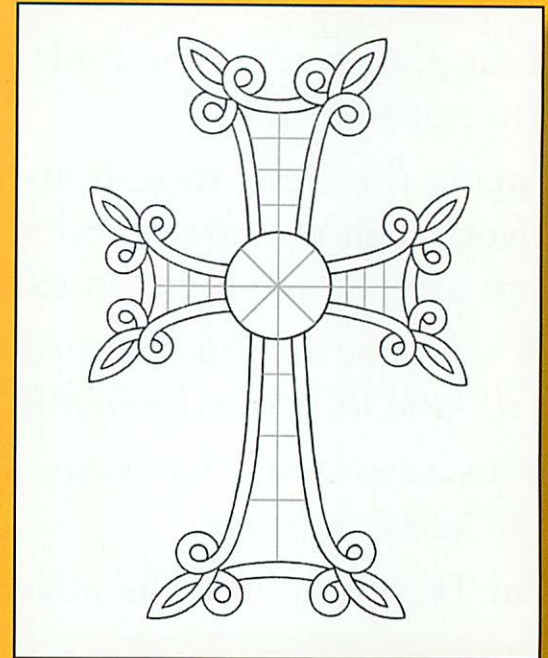
We are children of God.

We will pray for a peaceful world.

We are children of God.

Children of God, Children of God,

We are children of God.



## For My Family



### Sharing Our Faith

**L**ent is a very meaningful part of the church calendar. It is at this time when we spend many weeks really thinking and praying about the life of Jesus and the lessons he taught us: love one another, forgive others and help those in need.

We talked about the meaning of temptation, using as an example the forty days that Jesus spent in the wilderness where he was tempted by the Devil.

### Living Our Faith

1. Your child is bringing home a Lenten cross today. Hang this in a special place. During the forty days of Lent, whenever your child does a kind or helpful act, he/she can color in one space on the cross.
2. Please let me know if you want additional copies of the Lenten cross for other children in your family.