### **Let Us Bow Down Before God!**

## Sunday For the Rest of the Week





#### **Prayer Starter**

In the name of the Father, the Son, and the Holy Spirit...

Dear Lord, help us to feel your love and take what we learn in church out into the world with us. When we leave your house, we can become your voice and hands in the world with our actions, our words, our feelings, and our thoughts. Amen.

### Hye-Q

Draw a line connecting the right meaning for each word.

**Confession** What we do while we are saying confession during the church service.

Nushkhar What we ask for from God after confession.

**Kneel** When we say out loud the things that we have done wrong.

Forgiveness The round wafer that the priest makes from flour and water. He then blesses it and gives it to us during Communion.



# Daily Bread

We make two important promises while we are in church. One is that we are asked and we pledge to "sin no more." The other is that we will take the blessings we receive through the Scripture, prayers, hymns, and Holy Communion with us when we leave church. These two things are our goal for the coming week as we go home each Sunday.

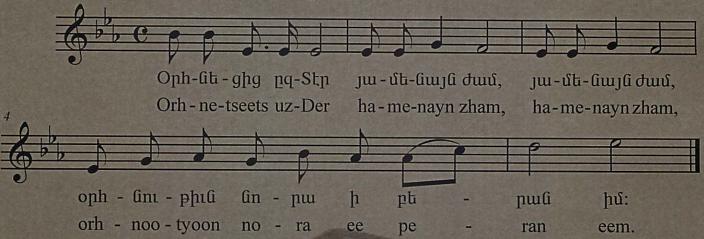
After we confess and receive Communion, we are now able to start fresh for the week. We have been reminded of the love of God and our church community. We can then use that faith and love to leave the church and share them with our family, friends, classmates, and all of the other people we will be with during the week. In the Badarak, the last hymn we sing together before we go up to kiss the Gospel book is from the Psalms. Read more.....

#### SCRIPTURE SOURCE

"I will bless the Lord at all times; his praise shall be at all times in my mouth."

Psalm 34:1





As you learned earlier in this Unit, the Psalms – songs or poems that were once used as people gathered to pray – are all about feelings. King David wrote many of them. In this one line, the writer says something so simple, something that could change the way you live each minute of every day. Just think – we are all singing this together as the last song of the Divine Liturgy.

What does it mean?

It means that now that we have worshipped and praised God together, now that we are full of thanks, we will go out into the world full of praise and blessing for God!



#### In the Armenian Tradition

At the very end of the Badarak, the priest stands in front of the people holding the beautiful Gospel book. This is the same Bible that the deacons read from during the service. In the Armenian tradition, we don't leave the church before we go up and kiss that Bible. This is another way that we show our respect for the word of Jesus and show how much he is a part of us.

You can think of this kiss in the same way that you might kiss your mother, father, or another adult in your life who is very, very important to you. A truly loving kiss is something that works both ways. So, when you go up to the Bible at the end of church and kiss the Bible, you are expressing your love and respect for Jesus and all

the words in that book that tell us about him. And in return, Jesus and all the words in that book that tell us about him become part of you and all you do.

# CELEBRATE WITH GOD

Here are just a few ways kids can show the love of Jesus to the world: Being nice; helping people; doing your best in school; creating something from nothing, like art, music, cooking; feeding people who are hungry; bringing happiness to people who are sick or lonely just by spending some time with them.

Draw four different pictures of ways that you could bring your love out from church and into the world.

I Am God's Heart and Hands in the World

### BIBLE BYTES

Psalm. The word "psalm" comes from the Greek for the harp-like instrument that would be played as people sang. We use the same word in Armenian. You will hear the deacon chant "Sagh-mos a-sa-tzek Dyarn As-doo-dzo me-room" right before we sing "Orhnyal eh Asdvadz" which is based on a Psalm.

In English he is saying: "Sing psalms to the Lord our God!"

In Armenian "psalm" is "sagh-mos." Umnunu

## Well Versed

"Taste and see that the Lord is good; happy are those who take refuge in him!"

Psalm 34: 8



Kissing the Bible is just *one* of the ways we share our respect and love in church. We kiss the priest's hand cross as he proceeds around the church. We share the Kiss of Peace with one another. The priest bows and kisses the altar.

Did you know...!?

# Family Focus

Today we looked at how our faith is renewed at Badarak through the Word, the Eucharist and our prayers with the community. When we leave church, we kiss the Gospel as a symbol of our commitment to God's way through the rest of the week, through kindness, diligence, good works, and love. Third graders talked about – and even drew some examples – of how we are God's heart and hands in the world. We ended our Unit on the Divine Liturgy by attending church and kissing the Gospel together at dismissal.

#### Living Your Faith

- 1. Look at your child's pictures of how faith is put into action in the world.
- 2. Participate in a charitable event with your child, where they help someone in need.
- 3. Share a story about a time when you served as God's heart and hands in the world, by being of service to someone outside of your family, without asking for anything in return.